



# Kenya Work Team

## Prayer Journal

February 27- March 13, 2019

*O God, you are my God; earnestly I seek you; my soul thirsts for you; my flesh faints for you, as in a dry and weary land where there is no water.*



Please join others as they take five minutes each day to read along and pray for the PFP team working SE of Nairobi with the Kilome cluster of women's groups.

Our team will be working with the women in this cluster by constructing bases for their water tanks and installing these tanks when possible. We also hope to encourage these women in their life and faith through our presence and prayer, and to be encouraged and taught by them. We are very thankful for those who are supporting us in prayer. It is our hope to bring glory to God in all that we do and say.

Each day you will be given a scripture and a prayer to be prayed along with the prayers you are already praying for your traveler. You know them and what their concerns might be. They have chosen you, and you agreed, to be their Barnabas, their encourager in this mission. Please pray as you are led by God's Spirit.

- A Barnabas listens to the experiences of the team member, to hear not only her/his words, but to hear their heart and spirit with the desire to encourage them in whichever ways God is working to grow and deepen their faith.
- A Barnabas will extend kindness to the team member making time in the midst of a busy schedule to hear their stories and look through their pictures.
- A Barnabas may offer a helping hand before the team member leaves or after they return home, to run errands, help pack, or offer a ride to the airport.
- A Barnabas will pray faithfully for the team member, lifting them, and the team, up in prayer during their preparation for the trip, time in Kenya, and upon their return.

## Wednesday, February 27th

The team leaves from Sea Tac on a Delta flight at 1:15 p.m. There may be some on the team who are anxious to some degree today, as we travel this long distance. We don't know how we will endure the flight, what Nairobi will be like, or even the people we are traveling with really. We will probably be exhausted.

*Come everyone who thirsts, come **to the waters**; and **he who has no money**, come buy and eat!! Come buy wine and milk without money and without price. Seek the Lord while he may be found; call upon him while he is near.*

*Isaiah 55:1, 6*

Your Barnabas Prayer:

May you, Lord wrap yourself around this team like a cord that binds them together. Remind them that they are each a part of one body and are filled with different gifts to share with each other and the people of Kenya. Father, knit them together in your love as you protect their journey. May there be no disharmony among them, bad thoughts or worry, and may no luggage go missing. You are guiding them safely to Nairobi, and know the plans you have for each of their characters. Help them to see your hand Lord, in all things and feel your loving presence. For you, precious Jesus, have called them to do your work and they have answered your call. Increase their desire for You, O God. Make them hungry and thirsty for what you alone can offer. *Amen*



## Thursday, February 28<sup>th</sup>

The team arrives in Nairobi in the evening, staying overnight at the ACK Guest House in Nairobi.

As the deer pants for flowing streams, so pants my soul for you, O God. My soul thirsts for God, for the living God.

Psalm 42:1-2

Your Barnabas Prayer:

Dear God, as the team arrives in Nairobi after many hours of travel, help them to feel your guidance and to rest in you. Trusting you to get them through customs together and leading them to the guest-house, we praise you Lord for their stamina as you revive them through a night's sleep. Thank you for their safe passage and for the many people who will greet them in your name. Increase their thirst for you, O God. May they see you in all their travels, work, and play. We pray for wisdom for the Regional Program Managers (Agnes, Sue, and Susan) in all the details of hosting the team and thank You for their leadership. *Amen*



## Friday, March 1<sup>st</sup>

The team will spend the day in Nairobi, recovering from jet lag, and adjusting to Kenyan time. They will also visit the David Sheldrick Wildlife Trust (Elephant Orphanage) and the Giraffe Center. They will stay overnight at the ACK Guest House in Nairobi.

Seek the Lord while he may be found; call on him while he is near.

Isaiah 55:6

Your Barnabas Prayer:

Dear Lord, thank you for bringing the team safely to Nairobi and providing this day where they can begin to adjust to Kenyan time and recover a bit from jet lag before the upcoming busy week! As the team has an opportunity to rest after their 18 hours of flying time and 3¼ hour layover in Amsterdam, may they be refreshed and renewed by Your Spirit in their inner beings. As they enjoy some time seeing some of the animals that have been rescued, we pray that it will also be a time of getting to know one another better and continued team building. Open their eyes to see how You are at work in and through the lives of all the Kenyans they will meet—today, and in the days to come. Draw them closer to You, and to one another. *Amen*



## Saturday, March 2nd

The team travels to Kilome, possibly visiting another cluster of women's groups along the way.

If anyone thirsts, let him come to me and drink. Whoever believes in me, as the scripture has said, "Out of his heart will flow rivers of living water."

John 7:37

Your Barnabas Prayer:

Father, revive this team as they spend time with women in the women's groups. May their time of building relationships with the women be encouraging for both the Kenyan women and the PFP team. Please use these relationship-building moments in Africa to deepen their love for you and your people, wherever they find them. Open their hearts to show your love and to receive what is being given. You are God and we love that you are in charge and covering this journey, just as you oversee every aspect of our lives. We know that we love, because you first loved us. Help this team to not only feel, but know what love you have for them today and always. And increase their thirst for you, O God.

*Amen*



## Sunday, March 3<sup>rd</sup>

The team attends church in the Kilome area, has a gathering with the women, and rests.

The Lord is my shepherd; I shall not want. He makes me lie down in green pastures. He leads me beside still waters. He restores my soul. He leads me in paths of righteousness for his name sake.

Psalm 23:1-3

Your Barnabas Prayer:

Lord, thank you for a new day for this team. May this be a day, set apart for you; a day of worship, rest and refreshment. May they experience Your presence in ever deeper ways as they worship with sisters and brothers in Kenya. May they desire you more and more through this experience of being with other believers. Lord, we know that the joy of the Lord will be their strength, because you tell us this in your Word. Let them rest in the green pastures you have provided today. Help them to embrace the experience around them. Again, we praise you for the good health You are giving them this week and for drawing them closer to You. *Amen*



## Monday, March 4<sup>th</sup>

The team begins their service, helping to build foundations for water tanks, partnering with the Kilome cluster of women's groups.

Whoever brings blessing will be enriched, and one who waters will himself be watered.

Proverbs 11:25

Your Barnabas Prayer:

Father, will You help this team to rise and feel acclimated to Kenyan time and temperature even though they have not been there long. Help them to meet and greet the day any way the Kenyan women have planned, whether it is helping to build the foundations for water tanks, or in any other way they have opportunity to come alongside the women. You, Lord, know how each one is doing within. Help them to go deeper and take care of one another even if it is out of their comfort zone. Let them feel the blessing of blessing others. May each team member abide in you, knowing your voice, and desiring more of You. We pray for their good health, and thank you for providing each one everything they need today. *Amen*



## Tuesday, March 5<sup>th</sup>

The team continues in service partnering with the Kilome cluster.

You visit the earth and water it; you greatly enrich it; the river of God is full of water; you provide their grain, for so you have prepared it. You water its furrows abundantly, settling its ridges, softening it with showers, and blessing its growth.

Psalm 65:9-10

Your Barnabas Prayer:

We ask for water for this land Lord. We ask that you would fill the tanks and streams with clean water to nourish them through the dry season. We also ask Lord, that you would help this team to put their roots down deep in You, knowing that reading Your Word is their food. Give them the fruit of Your Spirit; love, joy peace, longsuffering, kindness, goodness, faithfulness, gentleness, self-control. Father, make these fruits evident to them as they work alongside the women of Kenya. You are so good and we know it is Your Spirit that gives life to this team. *Amen*



## Wednesday, March 6th

The team continues the work with the Kilome cluster.

I am the bread of life; whoever comes to me shall not hunger, and whoever believes in me shall never thirst. But I said to you that you have seen me and yet do not believe. All the Father gives me will come to me, and whoever comes to me I will never cast out.

John 6:36-37

Your Barnabas Prayer:

Father, help the team to focus on You, and check the condition of their hearts. If there are those struggling in their faith, speak to them Lord. As exhaustion sets in, help them to watch out for each other, to encourage each other's faith, to be patient and kind to each other and those around them. Jesus, put a song in their hearts as they see how much you have given them in their lives to share. Help each member of the team to grow in their understanding of one another and of you. Help them to do what they do today for your glory. *Amen*



## Thursday, March 7th

The team continues its coordinated work with the Kilome cluster.

Blessed are those who hunger and thirst for righteousness, for they shall be satisfied.

Matthew 5:6

Your Barnabas Prayer:

Lord, as the team awakes today, help them to seek You first. Whatever the situation Lord, help them to look for You in it. Show them your steadfast love and guidance as they walk and talk together. Grow the team members who have forgotten that You, Jesus, are always there- right beside them, ready for a conversation and ready for listening ears. Father, help them to pay attention, so that moments do not go by that are missed or unobserved. Show them your magnificent order, especially as they breathe the air of Kenya, knowing that You, Lord, are the provider of that air and the lungs to breathe it! *Amen*



## Friday, March 8<sup>th</sup>

The team will have the opportunity to rejoice and celebrate with the women in the Kilome cluster as several tanks are delivered to the homes where the team helped build the water tank bases.

And the Lord will guide you continually and satisfy your desire in scorched places and make your bones strong; and you shall be like a watered garden, like a spring of water, whose waters do not fail.

Isaiah 58:11

Your Barnabas Prayer:

Lord, bless the team today as they witness the culmination of some of the work they have done this week by helping to actually install several water tanks. May they feel the joy of being able to be a part of Your answering the prayers of the Kenyan women for clean water. Encourage their hearts, strengthen their bodies, and let them see more of You today. Let them praise You and fill their hearts with gratitude for being able to serve You. Please continue to bless the Kenyan women and their vision for this ministry. Help them to feel supported, appreciated and deeply loved by this team. Keep their focus on You when things get complicated, and to seek Your face for peace. *Amen*



## Saturday, March 9<sup>th</sup>

The team will have a non-work day and will gather for a large group celebration with the women in the women's groups.

They shall hunger no more, neither thirst anymore; the sun shall not strike them, nor any scorching heat. For the Lamb in the midst of the throne will be their Shepherd, and He will guide them to springs of living water, and God will wipe away any tear from their eyes.

Revelation 7:16-17

Your Barnabas Prayer:

Jesus, we are called to be still so that we can experience your Presence. Help the team to be aware of You and to be led to springs of living water in their souls. Help them to see Your greatness in even the small treasures of the day. Grow their relationships with the people you have placed in their lives. Help them to be humble and to always give credit to you, Lord, for absolutely everything. You are worthy to be praised! *Amen*



## Sunday, March 10<sup>th</sup>

After worship, the team will visit women's homes, then travel to Tsavo West Game Park. An evening game drive is scheduled.

He is like a tree planted by streams of water that yields its fruit in its season, and its leaf does not wither. In all he does he prospers

Psalm 1:3

Your Barnabas Prayer:

Oh precious Jesus, please allow this team to know Your presence. As they have time of refreshment today, let them experience You in all things. Show them Your creation in new ways and let them rejoice in Your bounty. Thank you for walking beside this team and bringing order to their travels. Thank You for looking out for all the details. May You grant them safe passage on the roads in the vans. Help them to experience Kenya the way You want them to, and to see the sights that You have created. *Amen*



## Monday, March 11<sup>th</sup>

The team takes a morning and night game drive and begins to process their experience in Kenya, debrief together, and prepare for the transition home.

I spread out my hands to you; my soul thirsts for You like a parched land. Let the morning bring me word of Your unfailing love, for I have put my trust in You.

Psalm 143:6, 8

Your Barnabas Prayer:

Thank you Lord that we can wake up to Your unfailing love. Let the team feel refreshment from Your hand today. Almighty God, you have protected and watched over this team for the past week. Thank you for your guiding hand in situations that they well know. May they continue to hold one another up, knowing that You are the Sovereign Lord of their lives. As they debrief, help them to look inside for the awe and wonder, the pain, fear, anger or any other emotion that has been stirred by this trip. Help them process with You, as a team, and individually what they have seen and heard and what that might mean for their lives ahead. *Amen*



## Tuesday, March 12<sup>th</sup>

The Team takes an early morning game drive, then will travel back to Nairobi, have time to pack up, and depart from the airport in the evening.

Come you who are blessed by my Father, inherit the kingdom prepared for you from the foundation of the world. For I was hungry and you gave me food, I was thirsty and you gave me drink, I was a stranger and you welcomed me, I was naked and you clothed me, I was sick and you visited me, I was in prison and you came to me... as you did it to the least of these my brothers, you did it to me.

Matthew 25:35-36, 40

Your Barnabas Prayer:

Father, bless this team today as they have blessed others. Let them see that what they have done for the women in Kenya, they really did for You. As they begin their journey home, you know exactly what each member needs. Will you continue to provide for them, whatever their needs may be, from as simple as making sure there are no car troubles on the road, getting to the airport on time, safe air travel, and no glitches. Please give them comfort on this long journey home. Bring to mind all the times they saw You in their days, and help them as they plan to reenter life in the U.S. Thank you for protecting them and keeping them together, and for the huge privilege they have had to serve you in Kenya. *Amen*



## Wednesday, March 13<sup>th</sup>

Most of the Team arrives back in Seattle!

The Spirit and the bride say “Come!” And let him who hears say, “Come!” Whoever is thirsty, let him come; and whoever wishes, let him take the free gift of the water of life.

Revelation 22:17

Your Barnabas Prayer:

Let us all hear your voice Lord, telling us to “Come,” to live in your salvation and love. Let there be none Lord, who has missed his/her call on their lives. Lord, please continue Your protection around this traveling group. May they have a smooth flight, safe from any harm. Thank you for Kenya, and their time there. May they look back and remember all You have in mind for them, knowing that You expanded their territory and showed them something bigger and deeper than their lives here in Seattle. In returning, may they reflect on how You have spoken to them and what you have taught them during their time in Kenya. What a privilege to have prayed over this team and to be able to welcome them home. Please help them to make their connections, keep them from getting sick or being too uncomfortable on the airplane. Praise for the thirst for what you alone can offer. *Amen*





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